



Shades Valley YMCA Gym Schedule: 7/1 - 7/31

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Gym Schedule		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday									
		Courts		Courts		Courts		Courts		Courts		Courts		Courts									
From	To	A	B	A	B	A	B	A	B	A	B	A	B	A	B								
5:00 AM	5:30 AM	OPEN GYM		FULL COURT BASKETBALL		OPEN GYM		FULL COURT BASKETBALL		OPEN GYM		OPEN GYM											
5:30 AM	6:00 AM																						
6:00 AM	6:30 AM																						
6:30 AM	7:00 AM																						
7:00 AM	7:30 AM	FULL COURT PICKLEBALL		OPEN GYM		FULL COURT PICKLEBALL		OPEN GYM		FULL COURT PICKLEBALL						OPEN GYM							
7:30 AM	8:00 AM																						
8:00 AM	8:30 AM																						
8:30 AM	9:00 AM																						
9:00 AM	9:30 AM	SUMMER CAMP		SUMMER CAMP		SUMMER CAMP		SUMMER CAMP		SUMMER CAMP										OPEN GYM			
9:30 AM	10:00 AM																						
10:00 AM	10:30 AM																						
10:30 AM	11:00 AM																						
11:00 AM	11:30 AM	OPEN GYM		OPEN GYM		OPEN GYM		OPEN GYM		OPEN GYM													
11:30 AM	12:00 PM																						
12:00 PM	12:30 PM																						
12:30 PM	1:00 PM																						
1:00 PM	1:30 PM	PICKLEBALL CLINIC		FULL COURT PICKLEBALL		OPEN GYM		OPEN GYM		GROUP EX CLASS		OPEN GYM											
1:30 PM	2:00 PM																						
2:00 PM	2:30 PM																						
2:30 PM	3:00 PM																						
3:00 PM	3:30 PM	OPEN GYM		OPEN GYM		OPEN GYM		OPEN GYM		OPEN GYM						OPEN GYM							
3:30 PM	4:00 PM																						
4:00 PM	4:30 PM																						
4:30 PM	5:00 PM																						
5:00 PM	5:30 PM	OPEN GYM		OPEN GYM		FULL COURT BASKETBALL		YOUTH BASKETBALL		OPEN GYM										OPEN GYM			
5:30 PM	6:00 PM																						
6:00 PM	6:30 PM																						
6:30 PM	7:00 PM																						
7:00 PM	7:30 PM																						
7:30 PM	8:00 PM																						
8:00 PM	8:30 PM																						
8:30 PM	9:00 PM																						

Gym/Pickleball Etiquette:

- Pickleball can only be played during "Pickleball Open" timeframes that are indicated on the Gym Schedule.
- Pickleball must NOT be played during Open Gym or other YMCA programming.
- "Pickleball Open" is designed for players who are interested in playing drop-in games. All levels are welcome.
- No chairs in the gym,unless it's for youth sports.

Closed Gym Events:

- Kid's Night Out July 10th
- Middle School Madness July 17th