

Mountain Brook Program/Lap Pool Schedule - SUMMER (June/July)

	Monday					Tuesday					Wednesday					Thursday					Friday					Saturday					Sunday									
	Lane					Lane					Lane					Lane					Lane					Lane					Lane									
	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5
4:45	Pool Opens at 5:00 AM Monday - Friday																									Pool Opens at 7:00 AM Saturdays					Pool Opens at 10:00 AM Sundays									
5:00	Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim									
5:30	Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim									
6:00	Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim									
6:30	Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim									
7:00	Master's Swim					Master's Swim					Master's Swim					Master's Swim					Master's Swim					Master's Swim					Master's Swim									
7:30	Master's Swim					Master's Swim					Master's Swim					Master's Swim					Master's Swim					Master's Swim					Master's Swim									
8:00	Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim									
8:30	Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim									
9:00	Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim									
9:30	Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim									
10:00	Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim									
10:30	Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim									
11:00	Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim									
11:30	Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim									
12:00	CAMP					CAMP					CAMP					CAMP					CAMP					CAMP					CAMP									
12:30	CAMP					CAMP					CAMP					CAMP					CAMP					CAMP					CAMP									
1:00	Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim									
1:30	Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim									
2:00	Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim									
2:30	Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim									
3:00	Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim									
3:30	Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim									
4:00	Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim									
4:30	Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim									
5:00	Swim Lessons					Swim Lessons					Swim Lessons					Swim Lessons					Swim Lessons					Swim Lessons					Swim Lessons									
5:30	Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim									
6:00	Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim									
6:30	Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim									
7:00	Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim									
7:30	Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim									
8:00	Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim									
8:30	Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim									
8:45	Pool Closes at 5:45 PM Monday - Friday																									Pools Closes 5:45 PM					Pools Closes 5:45 PM									
9:00	Pool Closes at 5:45 PM Monday - Friday																									Pools Closes 5:45 PM					Pools Closes 5:45 PM									

KEY: ■ Lap Swim ■ Open/Family Swim ■ Aqua Zumba ■ Summer Camp ■ Exceptional Foundation ■ Master's Swim

***Please note that these designate the number of lanes allocated during each time frame, and not a specific lane location*