



# Hoover YMCA Summer Pool Schedule

## May - July 2026

	Monday						Tuesday						Wednesday						Thursday						Friday						Saturday						Sunday												
	Lane						Lane						Lane						Lane						Lane						Lane																		
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6							
5:00a																																											5:00a						
5:30a																																																	5:30a
6:00a																																					Pool opens at 7am												6:00a
6:30a	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim																		6:30a						
7:00a	Swim Team						Swim Team												Swim Team						Swim Team																		7:00a						
7:30a	Swim Lessons						Swim Lessons												Swim Lessons						Swim Lessons												Lap Swim						7:30a						
8:00a	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons																		8:00a						
8:30a	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons																		8:30a						
9:00a	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Walk						Water Aerobics 9-10						9:00a						
9:30a	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Walk						Water Aerobics 9-10						9:30a						
10:00a	Swim Lessons						Water Aerobics 10-11						Water Aerobics 10-11						Water Aerobics 10-11						Swim Lessons																		10:00a						
10:30a	Swim Lessons						Water Aerobics 10-11						Water Aerobics 10-11						Water Aerobics 10-11						Swim Lessons																		10:30a						
11:00a	Camp Swim						Camp Swim						Camp Swim						Camp Swim						Camp Swim																		11:00a						
11:30a	Camp Swim						Camp Swim						Camp Swim						Camp Swim						Camp Swim																		11:30a						
12:00p	Camp Swim						Camp Swim						Camp Swim						Camp Swim						Camp Swim																		12:00p						
12:30p	Camp Swim						Camp Swim						Camp Swim						Camp Swim						Camp Swim																		12:30p						
1:00p	Camp Swim						Camp Swim						Camp Swim						Camp Swim						Camp Swim																		1:00p						
1:30p	Camp Swim						Camp Swim						Camp Swim						Camp Swim						Camp Swim																		1:30p						
2:00p	Camp Swim						Camp Swim						Camp Swim						Camp Swim						Camp Swim																		2:00p						
2:30p	Camp Swim						Camp Swim						Camp Swim						Camp Swim						Camp Swim																		2:30p						
3:00p	Camp Swim						Camp Swim						Camp Swim						Camp Swim						Camp Swim																		3:00p						
3:30p	Camp Swim						Camp Swim						Camp Swim						Camp Swim						Camp Swim																		3:30p						
4:00p	Camp Swim						Camp Swim						Camp Swim						Camp Swim						Camp Swim																		4:00p						
4:30p	Camp Swim						Camp Swim						Camp Swim						Camp Swim						Camp Swim																		4:30p						
5:00p	Camp Swim						Camp Swim						Camp Swim						Camp Swim						Camp Swim																		5:00p						
5:30p	Camp Swim						Camp Swim						Camp Swim						Camp Swim						Camp Swim																		5:30p						
6:00p	Camp Swim						Camp Swim						Camp Swim						Camp Swim						Camp Swim																		6:00p						
6:30p	Camp Swim						Camp Swim						Camp Swim						Camp Swim						Camp Swim																		6:30p						
7:00p	Camp Swim						Camp Swim						Camp Swim						Camp Swim						Camp Swim																		7:00p						
7:15p	Camp Swim						Camp Swim						Camp Swim						Camp Swim						Camp Swim																		7:15p						
7:30p	Camp Swim						Camp Swim						Camp Swim						Camp Swim						Camp Swim																		7:30p						
8:00p	Camp Swim						Camp Swim						Camp Swim						Camp Swim						Camp Swim																		8:00p						
8:30p	Camp Swim						Camp Swim						Camp Swim						Camp Swim						Camp Swim																		8:30p						
8:45p	Camp Swim						Camp Swim						Camp Swim						Camp Swim						Camp Swim																		8:45p						
9:00p	Camp Swim						Camp Swim						Camp Swim						Camp Swim						Camp Swim																		9:00p						

**KEY:** Lap Swim (light blue), Water Aerobics (yellow), Open Swim (orange), SBY Swim Team Practice (dark green), Swim Lessons (medium blue), Camp Swim (purple), Walk (pink)

### Schedule Information

**Swim Lessons:** One lane is always dedicated to our swim lessons to help everyone learn and grow! When lessons aren't in session, this lane happily opens up for extra lap swimming.

**Open Swim:** A fun, free-swim time for everyone-especially families and young children! To keep it safe and playful for the little ones, there is no lap swim in the open swim lane.

**Water Aerobics:** Water Aerobics has exclusive use of the pool lanes for the duration of their scheduled class time. To help our other morning programs wrap up smoothly and safely, we kindly ask that Water Aerobics participants wait to enter the pool until their official class start time.

**Lap Swim:** Reserved for swimming laps! Please choose a lane with swimmers at a similar pace, or ask an Aquatics team member for help.

- **1 or 2 Swimmers:** Feel free to split the lane
- **3+ Swimmers:** Please switch to "circle swimming"

*(Note: Lanes will be adjusted 5 minute before class times.)*

### Holidays & Important Dates 2026

- July 12th Pool CLOSED All day for maintenance
- July 4th Independence Day 7:00 AM - 4:45 PM
- July 19th Pool closes at 5:00 pm for Annual GBY Lifeguard Competition
- September 7th Labor Day 7:00 AM - 4:45 PM
- October (TBD) Bubble Day CLOSED
- November 26th Thanksgiving TBD
- December 24th Christmas Eve TBD
- December 25th Christmas Day CLOSED