



# Pelham Indoor Pool Schedule

# Summer 2026

	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday			
	Lane				Lane				Lane				Lane				Lane				Lane							
	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4
5:00a	Lap Swim				Lap Swim				Lap Swim				Lap Swim				Lap Swim				Pool opens at 7am Saturdays							
5:45a																												
6:00a																												
6:45a																												
7:00a																												
7:45a																												
8:00a																												
8:45a																												
9:00a	9am-9:45am Water Aerobics				9am-9:45am Water Aerobics				9am-9:45am Water Aerobics				9am-9:45am Water Aerobics				9am-9:45am Water Aerobics				9am-9:45am Water Aerobics							
9:45a																												
10:00 A	Lap Swim				Swim Lessons 10a-11:30a				Swim Lessons 10a-11:30a				Swim Lessons 10a-11:30a				Lap Swim				Lap Swim				Pool opens at 12pm on Sundays			
10:30a																												
11:00 A																												
11:30a																												
11:45a																												
12:00p																												
12:45p																												
1:00p																												
1:45p	Lap Swim				Lap Swim				Lap Swim				Lap Swim				Lap Swim				Lap Swim							
2:00p																												
2:45p																												
3:00p																												
3:45p																												
4:00p																												
4:30p																												
5:00p																												
5:30p	Lap Swim				Swim Lessons 4:30p-7:30p				Swim Lessons 4:30p-7:30p				Swim Lessons 4:30p-7:30p				Lap Swim				Lap Swim				Pool closes at 5:45pm on Saturdays and Sundays			
5:45p																												
6:00p																												
6:30p																												
7:00p																												
7:30p																												
8:00p																												
8:30p																												
9:00p																												

**KEY:** Lap Swim Water Aerobics Open Swim SBY Swim Team Swim lessons Camp Swim

**\*\*Please note that these designate the number of lanes allocated during each time frame, and not a specific lane location**