



Hoover YMCA Summer Pool Schedule 2026

May - July

	Monday						Tuesday						Wednesday						Thursday						Friday						Saturday						Sunday					
	Lane						Lane						Lane						Lane						Lane						Lane											
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
5:00a	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Pool opens at 7am											
5:30a	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim											
6:00a	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim											
6:30a	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim											
7:00a	Swim Team						Swim Team						Swim Team						Swim Team						Swim Team						Lap Swim											
7:30a	Swim Team						Swim Team						Swim Team						Swim Team						Swim Team						Lap Swim											
8:00a	Swim Lessons						Swim Lessor						Swim Lessor						Swim Lessor						Swim Lessons						Lap Swim											
8:30a	Swim Lessons						Swim Lessor						Swim Lessor						Swim Lessor						Swim Lessons						Lap Swim											
9:00a	Swim Lessons						Swim Lessor						Swim Lessor						Swim Lessor						Swim Lessons						Lap Swim											
9:30a	Swim Lessons						Swim Lessor						Swim Lessor						Swim Lessor						Swim Lessons						Lap Swim											
10:00a	Swim Lessons						Water Aerobics 10-11						Water Aerobics 10-11						Water Aerobics 10-11						Swim Lessons						Water Aerobics 9-10											
10:30a	Swim Lessons						Water Aerobics 10-11						Water Aerobics 10-11						Water Aerobics 10-11						Swim Lessons						Water Aerobics 9-10											
11:00a	Camp Swim						Camp Swim						Camp Swim						Camp Swim						Camp Swim						Swim Lessons						Pool opens at 12pm					
11:30a	Camp Swim						Camp Swim						Camp Swim						Camp Swim						Camp Swim						Swim Lessons						Pool opens at 12pm					
12:00p	Camp Swim						Camp Swim						Camp Swim						Camp Swim						Camp Swim						Swim Lessons						Pool opens at 12pm					
12:30p	Camp Swim						Camp Swim						Camp Swim						Camp Swim						Camp Swim						Swim Lessons						Pool opens at 12pm					
1:00p	Camp Swim						Open Swim 10:00						Open Swim 11:00						Open Swim 11:00						Open Swim 11:00						Open Swim 10:00						Swim Lessons					
1:30p	Camp Swim						Open Swim 10:00						Open Swim 11:00						Open Swim 11:00						Open Swim 11:00						Open Swim 10:00						Swim Lessons					
2:00p	Camp Swim						Open Swim 10:00						Open Swim 11:00						Open Swim 11:00						Open Swim 11:00						Open Swim 10:00						Swim Lessons					
2:30p	Camp Swim						Open Swim 10:00						Open Swim 11:00						Open Swim 11:00						Open Swim 11:00						Open Swim 10:00						Swim Lessons					
3:00p	Camp Swim						Open Swim 10:00						Open Swim 11:00						Open Swim 11:00						Open Swim 11:00						Open Swim 10:00						Swim Lessons					
3:30p	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Lap Swim					
4:00p	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Lap Swim					
4:30p	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Lap Swim					
5:00p	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Lap Swim					
5:30p	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Lap Swim					
6:00p	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Lap Swim					
6:30p	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Lap Swim					
7:00p	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Lap Swim					
7:15p	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Lap Swim					
7:30p	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Lap Swim					
8:00p	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Lap Swim					
8:45p	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Lap Swim					
9:00p	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Lap Swim					

KEY: Lap Swim Water Aerobics Open Swim SBY Swim Team Practice Swim Lessons