



Hoover YMCA Gym Schedule: 3/23 - 3/29

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Gym Schedule		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday					
		Courts		Courts		Courts													
From	To	A	B	A	B	A	B	A	B	A	B	A	B	A	B				
5:00 AM	5:30 AM	Pickleball Open	Open Gym																
5:30 AM	6:00 AM																		
6:00 AM	6:30 AM																		
6:30 AM	7:00 AM																		
7:00 AM	7:30 AM																		
7:30 AM	8:00 AM																		
8:00 AM	8:30 AM																		
8:30 AM	9:00 AM																		
9:00 AM	9:30 AM	YMCA Programming - Sports Camp	Open Gym	YMCA Programming - Sports Camp	Open Gym	YMCA Programming - Sports Camp	Open Gym	YMCA Programming - Sports Camp	Open Gym	YMCA Programming - Sports Camp	Open Gym								
9:30 AM	10:00 AM																		
10:00 AM	10:30 AM																		
10:30 AM	11:00 AM																		
11:00 AM	11:30 AM																		
11:30 AM	12:00 PM																		
12:00 PM	12:30 PM																		
12:30 PM	1:00 PM																		
1:00 PM	1:30 PM	YMCA Programming - SOC	Open Gym																
1:30 PM	2:00 PM																		
2:00 PM	2:30 PM																		
2:30 PM	3:00 PM																		
3:00 PM	3:30 PM																		
3:30 PM	4:00 PM																		
4:00 PM	4:30 PM																		
4:30 PM	5:00 PM																		
5:00 PM	5:30 PM																		
5:30 PM	6:00 PM																		
6:00 PM	6:30 PM	Open Gym	Open Gym	Open Gym															
6:30 PM	7:00 PM																		
7:00 PM	7:30 PM																		
7:30 PM	8:00 PM																		
8:00 PM	8:30 PM																		
8:30 PM	9:00 PM																		