



Trussville Main Pool Schedule - WINTER

	Monday							Tuesday							Wednesday							Thursday							Friday							Saturday							Sunday													
	Lane							Lane							Lane							Lane							Lane							Lane																				
	1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7							
5:00a	LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							Pool opens at 7am Saturdays							Pool opens at 11pm on Sundays													
5:30a																																																								
6:00a																																																								
6:30a																																																								
7:00a	LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM													
7:30a																																																								
8:00a	AQUA FIT 9a - 9:45a							AQUA CHALLENGE 8a-8:45a							AQUA CHALLENGE 8a-8:45a							AQUA CHALLENGE 8a-8:45a							AQUA FIT 9a - 9:45a							AQUA FIT 9a - 9:45a							AQUA FIT 9a - 9:45a							AQUA FIT 9a - 9:45a						
8:30a																																																								
9:00a	AQUA JAM 10a-10:45a							LAP SWIM							AQUA FIT 10a-10:45a							LAP SWIM							AQUA FIT 10a - 10:45a							SWIM LESSONS							FAMILY SWIM 10:30a-5:45p							LAP SWIM						
9:30a																																																								
10:00a	FAMILY SWIM 10:30a - 8:45p							LAP SWIM							FAMILY SWIM 10:30a - 8:45p							LAP SWIM							FAMILY SWIM 10:30a - 8:45p							LAP SWIM							LAP SWIM													
10:30a																																																								
11:00a	SWIM LESSONS							FAMILY SWIM 10:30a - 8:45p							SWIM LESSONS							FAMILY SWIM 10:30a - 8:45p							LAP SWIM							LAP SWIM							LAP SWIM													
11:30a																																																								
12:00p	SWIM TEAM							LAP SWIM							SWIM TEAM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM													
12:30p																																																								
1:00p	SWIM LESSONS							FAMILY SWIM 10:30a - 8:45p							SWIM LESSONS							FAMILY SWIM 10:30a - 8:45p							LAP SWIM							LAP SWIM							LAP SWIM													
1:30p																																																								
2:00p	SWIM LESSONS							FAMILY SWIM 10:30a - 8:45p							SWIM LESSONS							FAMILY SWIM 10:30a - 8:45p							LAP SWIM							LAP SWIM							LAP SWIM													
2:30p																																																								
3:00p	SWIM LESSONS							FAMILY SWIM 10:30a - 8:45p							SWIM LESSONS							FAMILY SWIM 10:30a - 8:45p							LAP SWIM							LAP SWIM							LAP SWIM													
3:30p																																																								
4:00p	SWIM LESSONS							FAMILY SWIM 10:30a - 8:45p							SWIM LESSONS							FAMILY SWIM 10:30a - 8:45p							LAP SWIM							LAP SWIM							LAP SWIM													
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5:00p	SWIM LESSONS							FAMILY SWIM 10:30a - 8:45p							SWIM LESSONS							FAMILY SWIM 10:30a - 8:45p							LAP SWIM							LAP SWIM							LAP SWIM													
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7:30p																																																								
8:00p	SWIM LESSONS							FAMILY SWIM 10:30a - 8:45p							SWIM LESSONS							FAMILY SWIM 10:30a - 8:45p							LAP SWIM							LAP SWIM							LAP SWIM													
8:30p																																																								
	Pool closes at 8:45p Mondays - Thursday																																																							
	Pool closes at 7:45p on Friday																																																							
	Pool closes at 5:45p on Saturdays and Sundays																																																							

KEY: Lap Swim Water Aerobics Family Swim SBY Swim Team Swim Lessons

**Please note that these designate the number of lanes allocated during each time frame, and not a specific lane location