



# Pelham Indoor Pool Schedule

Winter 2026

	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday							
	Lane				Lane				Lane				Lane				Lane				Lane				Lane							
	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4				
5:00a	Lap Swim				Lap Swim				Lap Swim				Lap Swim				Lap Swim				Pool opens at 8am Saturdays											
5:45a																																
6:00a																																
6:45a																																
7:00a																																
7:45a																																
8:00a																																
8:45a	Lap Swim																															
9:00a																																
9:45a	9am-9:45am Water Aerobics				9am-9:45am Water Aerobics				9am-9:45am Water Aerobics				9am-9:45am Water Aerobics				9am-9:45am Water Aerobics				9am-9:45am Water Aerobics											
10:00a	Lap Swim				Open Swim				Lap Swim				Open Swim				Open Swim				Lap Swim				Open Swim				Lap Swim			
10:45a																																
11:15a																																
11:45a																																
12:00p																																
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1:00p																																
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5:00p																																
5:30p	Swim Lessons				water Aerobics 5:45p-6:30p				Swim Lessons				water Aerobics 5:45p-6:30p				Swim Lessons				Pool closes at 5:45pm on Saturdays and Sundays											
6:00p																																
6:30p																																
7:00p																																
7:30p																																
8:00p																																
8:30p	Pool closes at 8:45pm Monday-Thursday																															
9:00p																																

**KEY:** Lap Swim Water Aerobics Open Swim SBY Swim Team Swim lessons Camp Swim

**\*\*Please note that these designate the number of lanes allocated during each time frame, and not a specific lane location**

Indoor Pool will close at 6:45pm on the following days for the remainder of the night for Roll Practice. This does not include the Hot Tub, Steam Room or Suana.
December 10th
January 14th
January 28th
February 11th
February 25th
March 11th