Pelham Indoor Pool Schedule Wednesd

Winter 2026

	Monday	Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Lane		Lane		Lane		Lane		Lane		Lane		Lane
	1 2 3	4	1 2 3	4	1 2 3	4	1 2 3	4	1 2 3	4	1	2 3 4	1 2 3 4
5:00a 5:45a 6:00a 6:45a 7:00a 7:45a 8:00a 8:45a	Lap Swim		Lap Swim		Lap Swim		Lap Swim		Lap Swim		Pool opens at 8am Saturdays Lap Swim		
9:00a	9am-9:45am		9am-9:45am		9am-9:45am		9am-9:45am		9am-9:45am		9am-9:45am		
9:45a	Water Aerobics		Water Aerobics		Water Aerobics		Water Aerobics		Water Aerobics		Water Aerobics		
10:00a 10:45a 11:15a 11:45a 12:00p 12:45p 1:00p 1:45p 2:00p 2:45p 3:00p 3:45p 4:00p 4:45p 5:00p	Lap Swim	Open Swim	Lap Swim	Open Swim	Lap Swim	Open Swim	11-11:45 Water Aerobics	Open Swim	Open Swim Tab	vim	Open Swim	Lap Swim	Pool opens at 12pm on Sundays Lap Swim
5:30p 6:00p 6:30p 7:00p	Water Aerobics 6p-7p		Water Aerob Ics 5: 45p- 6:30n		Nater Aerob Ics 5: 45p- 6:30n W S S S S S S S S S S S S S S S S S S		Water Aerobica 69-79				Poc		5pm on Saturdays undays
7:30p 8:00p									Pool closes 45pm	at 7:			
8:30p 9:00p		P	ool closes at 8	::45p	m Monday-Thu	rsda	У						
KEY	: Lan 9	Swim	Water Aero	bics	Open Swim		SBY 9	Swim ⁻	Team Swi	m lesso	ons	Cam	p Swim

^{**}Please note that these designate the number of lanes allocated during each time frame, and not a specific lane location

Indoor Pool will close at 6:45pm on the following days for the remainder of the night for Roll Practice. This does not include the Hot Tub, Steam Room or Suana.
December 10th
January 14th
January 28th
February 11th
February 25th
March 11th