

## Pelham Indoor Pool Schedule

## November 2025-January 2026

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday
	Lane		Lane		Lane		Lane			Lane		Lane	Lane
	1 2 3	4	1 2 3	4	1 2 3	4	1 2 3	4	1	2 3 4	1	2 3 4	1 2 3 4
5:00a 5:45a													
5:45a 6:00a													
6:45a	Law Coolin				Law Coolina		Law Coulos			Lan Curina			
7:00a	Lap Swim		Lap Swim		Lap Swim		Lap Swim		_	Lap Swim		ool opens at m Saturdays	
7:45a 8:00a											Oa	iii Saturuays	
8:45a												_ap Swim	
9:00a	0.45		0.000 0.45		0.000 0.45		0-m 0-45		0-m 0-4F-m		9am-9:45am		
9:00a 9:45a	9am-9:45am Water Aerobics		9am-9:45am Water Aerobics		9am-9:45am Water Aerobics		9am-9:45am Water Aerobics		9am-9:45am Water Aerobics		Water Aerobics		
			Tratel Acrobics		Auter Acrobics		Trace Acrosics		Water Acrobics		water Aerobics		
10:00a													
10:45a							11-11:45 Water						
11:15a							Aerobics						Pool opens at
11:45a													12pm on Sundays
12:00p													
12:45p	E		E		E				E	Lap Swim	Ε	Lap Swim	
1:00p	Lap Swim		Lap Swim		Lap Swim				Swim		Swim		
1:45p	Ó		Ó		Ń		E		Ś		S		
2:00p	a <del>p</del>	=	а <mark>р</mark>	_	ap	=	N.	u	en		Open		
2:45p	_	Open Swim	_	Open Swim		Swim	Lap Swim	Swim	Open		o		Lap Swim
3:00p		S u		S		S L	je.	s u					·
3:45p		Эре		Dpe		Open	_	Open					
4:00p								)					
4:45p													
5:00p													
5:30p	v)		Aerobics 5:		Aerobics 5:		()				Poc	l closes at 5:4!	5pm on Saturdays
6:00p	Water Aerobics 6p-7p		Aerob ics 5: 45p-6:30n		Aerob ics 5: 45p- 6:30n		Water Aerobics 69-79						indays
6:30p	Aerobics 6p-7p		6:30n		6:30p		Water Aerobics 6p-7p						
7:00p	လ ၅		S		Le s		S						
7:30p									Por	ol closes at 7:			
8:00p										45pm			
8:30p		Р	ool closes at 1	3:45p	m Monday-Thu	rsda	V						
9:00p	- our closes at or 15 pin Fioriday Tharsau												
KEY	Lap S	Swim	Water Aer	bics	Open Swim		SBY S	Swim <sup>-</sup>	Team	Swim lesso	ns	Camp	Swim

<sup>\*\*</sup>Please note that these designate the number of lanes allocated during each time frame, and not a specific lane location