

Pelham Indoor Pool Schedule

August 2025

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday
	Lane		Lane		Lane		Lane		Lane		Lane		Lane
	1 2 3 4		1 2 3 4		1 2 3 4		1 2 3 4		1	1 2 3 4		2 3 4	1 2 3 4
5:00a 5:45a 6:00a 6:45a 7:00a 7:45a 8:00a	Lap Swim		Lap Swim		Lap Swim		Lap Swim		Lap Swim		Pool opens at 8am Saturdays Lap Swim		
9:00a	9am-9:45am		9am-9:45am		9am-9:45am		9am-9:45am		9am-9:45am		9am-9:45am		
9:45a	Water Aerobics		Water Aerobics		Water Aerobics		Water Aerobics		Water Aerobics		Water Aerobics		
10:00a 10:45a 11:15a 11:45a 12:00p 12:45p 1:00p 1:45p 2:00p 2:45p 3:00p 3:45p 4:00p 4:45p 5:00p	Lap Swim	Open Swim	Lap Swim	Open Swim	Lap Swim	Open Swim	11-11:45 Water Aerobics	Open Swim	Open Swim	Lap Swim	Open Swim	Lap Swim	Pool opens at 12pm on Sundays Lap Swim
5:30p 6:00p 6:30p 7:00p 7:30p 8:00p	Water Aerobica 6p-7p		Natur Aerob ics 5: 45p- 6:30n		water Aerob Ics 5: 45p- 6:30n		Water Acrobics 69-79		Pod	ol closes at 7: 45pm	Pod	ol closes at 5:45 and Su	5pm on Saturdays Indays
8:30p 9:00p	Pool closes at 8:45pm Monday-Thursday												
KEY	Lap Swim Water Aerobics			oics	Open Swim	SBY S	SBY Swim Team			ns	Camp	Swim	

^{**}Please note that these designate the number of lanes allocated during each time frame, and not a specific lane location