Alabaster Pool Schedule

Fall 2025

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Lane 1 / Lane 2 / Lane 3 / Lane 4 / Lane 5	Lane 1 / Lane 2 / Lane 3 / Lane 4 / Lane 5	Lane 1 / Lane 2 / Lane 3 / Lane 4 / Lane 5	Lane 1 / Lane 2 / Lane 3 / Lane 4 / Lane 5	Lane 1 / Lane 2 / Lane 3 / Lane 4 / Lane 5	Lane 1 / Lane 2 / Lane 3 / Lane 4 / Lane 5	Lane 1 / Lane 2 / Lane 3 / Lane 4 / Lane 5
5:00a	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Pool opens at 7am Saturdays	Pool opens at 12pm on Sundays
5:30a							
6:00a							
6:30a							
7:00a						Lap Swim 7am-9am	
7:30a							
8:00a							
8:30a							
9:00a	Water Aerobics 9-9:45am	Water Aerobics 9-9:45am	Aqua Zumba 9-9:45am	Water Aerobics 9-9:45am	Aqua Zumba 9-9:45am	Water Aerobics 9-9:45am	
9:30a							
10:00a	Open Swim 10a-8:45p; Lap Swim	Swim Lessons 10-12p	Swim Lessons 10-12p	Swim Lessons 10-12p		Open Swim 10-5:45pm	
10:30a	Camp Swim 10:30-4p	Camp Swim 10:30-4p	Camp Swim 10:30-4p	Camp Swim 10:30-4p	Camp Swim 10:30-4p		
11:00a							
11:30a							
12:00p							Open Swim 12-5:45pm
12:30p							
1:00p		Open Swim 10a-8:45p	Open Swim 10a-8:45p	Open Swim 10a-8:45p	Open Swim 10a-7:45p		
1:30p							
2:00p							
2:30p							
3:00p							
3:30p							
4:00p							
4:30p							
5:00p		Swim Lessons 5-7p	Swim Lessons 5-7p	Swim Lessons 5-7p		Pool closes at 5:45pm Saturday - Sundays	
5:30p							
6:00p	Y H2O 6:15-7p	Y H2O 6-6:45p		Y H2O 6-6:45p			
6:30p							
7:00p							
7:30p					Pool closes 7:45pm on Fridays		
8:00p							
8:30p	Pool closes at 8:45pm Mondays - Thursdays						

KEY: Lap Swim; Water Aerobics; Family / Open Swim; Swim Team; Swim Lessons; Camp Swim

***Please note that these designate the number of lanes allocated during each time frame, and not a specific lane location*

For text alerts about schedule changes, text the number: 81010 with the message: @alymca