

Mountain Brook Pool Schedule - Summer 2025

	Sunday					Monday					Tuesday					Wednesday					Thursday					Friday					Saturday				
	Lane					Lane					Lane					Lane					Lane					Lane									
	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5					
5:00a	Pool opens at 10am on Sundays					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Lap Swim					Pool opens at 7am Saturdays				
5:30a																																			
6:00a																																			
6:30a																																			
7:00a																																			
7:30a	Open Swim	Masters Swim				Open Swim	Masters Swim				Open Swim	Masters Swim				Open Swim	Masters Swim				Open Swim	Masters Swim													
8:00a																																			
8:30a																																			
9:00a																																			
9:30a																																			
10:00a	Pool opens at 10am on Sundays					Open Swim					Open					Aqua Challenge					Open					Open									
10:30a																																			
11:00a																																			
11:30a																																			
12:00p																																			
12:30p	Master's Swim					Camp Swim					Camp Swim					Camp Swim					Camp Swim					Camp Swim									
1:00p																																			
1:30p																																			
2:00p																																			
2:30p																																			
3:00p	Open Swim					Open Swim					Open Swim					Open Swim					Open Swim					Open Swim									
3:30p																																			
4:00p																																			
4:30p																																			
5:00p																																			
5:30p	Open Swim					Open Swim					Open Swim					Open Swim					Open Swim					Open Swim									
6:00p																																			
6:30p																																			
7:00p																																			
7:30p																																			
8:00p	Open Swim					Open Swim					Open Swim					Open Swim					Open Swim					Open Swim									
8:30p																																			
9:00p																																			
						Pool closes at 8:45p Monday - Thursday																													
KEY:																										<div>Lap Swim</div>	<div>Open Swim</div>	<div>Master's Swim</div>	<div>Swim Lessons</div>	<div>Camp Swim (Lanes 1-3 still Open to swim)</div>	<div>Group Ex</div>	<div>Exceptional Swim (Lanes 1-3 still Open to sv</div>			

****Please note that these designate the number of lanes allocated during each time frame, and not a specific lane location**