



# Shades Valley Indoor Pool Schedule

## May 1 - May 31 2025

|        | Monday                           |   |   |   |   |   | Tuesday               |   |   |   |              |   | Wednesday                  |   |   |   |              |   | Thursday     |   |           |   |                                             |   | Friday                                |   |   |   |                               |   | Saturday                              |   |                          |   |   |   | Sunday                     |  |              |  |              |  |              |  |           |  |
|--------|----------------------------------|---|---|---|---|---|-----------------------|---|---|---|--------------|---|----------------------------|---|---|---|--------------|---|--------------|---|-----------|---|---------------------------------------------|---|---------------------------------------|---|---|---|-------------------------------|---|---------------------------------------|---|--------------------------|---|---|---|----------------------------|--|--------------|--|--------------|--|--------------|--|-----------|--|
|        | Lane                             |   |   |   |   |   | Lane                  |   |   |   |              |   | Lane                       |   |   |   |              |   | Lane         |   |           |   |                                             |   | Lane                                  |   |   |   |                               |   | Lane                                  |   |                          |   |   |   |                            |  |              |  |              |  |              |  |           |  |
|        | 1                                | 2 | 3 | 4 | 5 | 6 | 1                     | 2 | 3 | 4 | 5            | 6 | 1                          | 2 | 3 | 4 | 5            | 6 | 1            | 2 | 3         | 4 | 5                                           | 6 | 1                                     | 2 | 3 | 4 | 5                             | 6 | 1                                     | 2 | 3                        | 4 | 5 | 6 |                            |  |              |  |              |  |              |  |           |  |
| 5:00a  | 6                                |   |   |   |   |   | 6                     |   |   |   |              |   | 6                          |   |   |   |              |   | 6            |   |           |   |                                             |   | 6                                     |   |   |   |                               |   | Pool opens at 7am Saturdays           |   |                          |   |   |   | Pool opens at 12pm Sundays |  |              |  |              |  |              |  |           |  |
| 5:30a  |                                  |   |   |   |   |   | 3                     |   |   |   |              |   |                            |   |   |   |              |   |              |   |           |   |                                             |   | Masters Swim                          |   | 3 |   |                               |   |                                       |   |                          |   |   |   |                            |  |              |  |              |  | Masters Swim |  |           |  |
| 6:00a  | Y Aqua Challenge 6:45-7:45       |   |   |   |   |   | 6                     |   |   |   |              |   | Y Aqua Challenge 6:45-7:45 |   |   |   |              |   | 3            |   |           |   |                                             |   | 6                                     |   |   |   |                               |   |                                       |   |                          |   |   |   |                            |  |              |  |              |  |              |  |           |  |
| 6:30a  |                                  |   |   |   |   |   |                       |   |   |   |              |   |                            |   |   |   |              |   |              |   |           |   |                                             |   |                                       |   |   |   |                               |   |                                       |   |                          |   |   |   |                            |  |              |  |              |  | 3            |  |           |  |
| 7:00a  | 3                                |   |   |   |   |   | 6                     |   |   |   |              |   | Swim Team                  |   |   |   |              |   | 3            |   |           |   |                                             |   | 6                                     |   |   |   |                               |   |                                       |   |                          |   |   |   |                            |  |              |  |              |  |              |  |           |  |
| 7:30a  |                                  |   |   |   |   |   |                       |   |   |   |              |   |                            |   |   |   |              |   |              |   |           |   |                                             |   |                                       |   |   |   |                               |   | 3                                     |   |                          |   |   |   |                            |  |              |  |              |  | 3            |  |           |  |
| 8:00a  | Water Aerobics 9-10am            |   |   |   |   |   | Water Aerobics 9-10am |   |   |   |              |   | Swim Team                  |   |   |   |              |   | 3            |   |           |   |                                             |   | Swim Team                             |   |   |   |                               |   | 6                                     |   |                          |   |   |   |                            |  |              |  |              |  |              |  |           |  |
| 8:30a  |                                  |   |   |   |   |   |                       |   |   |   |              |   |                            |   |   |   |              |   |              |   |           |   |                                             |   |                                       |   |   |   |                               |   |                                       |   |                          |   |   |   |                            |  |              |  |              |  | 2            |  |           |  |
| 9:00a  | 2                                |   |   |   |   |   | 2                     |   |   |   |              |   | 2                          |   |   |   |              |   | 2            |   |           |   |                                             |   | 2                                     |   |   |   |                               |   | Swim Lessons                          |   |                          |   |   |   |                            |  |              |  |              |  | 2            |  |           |  |
| 9:30a  | 6                                |   |   |   |   |   | Swim Lessons          |   |   |   |              |   | 3                          |   |   |   |              |   | Swim Lessons |   |           |   |                                             |   | 3                                     |   |   |   |                               |   |                                       |   |                          |   |   |   |                            |  |              |  |              |  |              |  | 6         |  |
| 10:00a | 6                                |   |   |   |   |   | Swim Lessons          |   |   |   |              |   | 3                          |   |   |   |              |   | Swim Lessons |   |           |   |                                             |   | 3                                     |   |   |   |                               |   |                                       |   |                          |   |   |   | 6                          |  |              |  |              |  |              |  |           |  |
| 10:30a | 6                                |   |   |   |   |   | Swim Lessons          |   |   |   |              |   | 3                          |   |   |   |              |   | Swim Lessons |   |           |   |                                             |   | 3                                     |   |   |   |                               |   |                                       |   |                          |   |   |   | 6                          |  |              |  |              |  |              |  |           |  |
| 11:00a | Water Aerobics 11:45am - 12:45pm |   |   |   |   |   | 6                     |   |   |   |              |   | 6                          |   |   |   |              |   | 6            |   |           |   |                                             |   | Water Aerobics 11:45am - 12:45pm      |   |   |   |                               |   | 6                                     |   |                          |   |   |   | Swim Lessons               |  |              |  |              |  | 6            |  |           |  |
| 11:30a | 2                                |   |   |   |   |   |                       |   |   |   |              |   |                            |   |   |   |              |   |              |   |           |   |                                             |   |                                       |   |   |   |                               |   |                                       |   |                          |   |   |   |                            |  |              |  |              |  |              |  | 6         |  |
| 12:00p | 6                                |   |   |   |   |   | 6                     |   |   |   |              |   | 6                          |   |   |   |              |   | 6            |   |           |   |                                             |   | 6                                     |   |   |   |                               |   |                                       |   |                          |   |   |   |                            |  |              |  |              |  |              |  |           |  |
| 12:30p |                                  |   |   |   |   |   |                       |   |   |   |              |   |                            |   |   |   |              |   |              |   |           |   |                                             |   |                                       |   |   |   |                               |   | 6                                     |   |                          |   |   |   |                            |  |              |  |              |  |              |  | 6         |  |
| 1:00p  | 6                                |   |   |   |   |   | 6                     |   |   |   |              |   | 6                          |   |   |   |              |   | 6            |   |           |   |                                             |   | 6                                     |   |   |   |                               |   | Swim Lessons                          |   |                          |   |   |   | 6                          |  |              |  |              |  |              |  |           |  |
| 1:30p  |                                  |   |   |   |   |   |                       |   |   |   |              |   |                            |   |   |   |              |   |              |   |           |   |                                             |   |                                       |   |   |   |                               |   |                                       |   |                          |   |   |   |                            |  | 6            |  |              |  |              |  | 6         |  |
| 2:00p  | 6                                |   |   |   |   |   | 6                     |   |   |   |              |   | 6                          |   |   |   |              |   | 6            |   |           |   |                                             |   | 6                                     |   |   |   |                               |   |                                       |   |                          |   |   |   |                            |  | Swim Lessons |  |              |  |              |  | 6         |  |
| 2:30p  |                                  |   |   |   |   |   |                       |   |   |   |              |   |                            |   |   |   |              |   |              |   |           |   |                                             |   |                                       |   |   |   |                               |   |                                       |   |                          |   |   |   |                            |  |              |  |              |  |              |  |           |  |
| 3:00p  | Swim Lessons                     |   | 4 |   |   |   | 3                     |   |   |   | Swim Lessons |   | 3                          |   |   |   | Swim Lessons |   | 6            |   |           |   | Family Swim                                 |   | 4                                     |   |   |   | Swim Lessons                  |   | Family Swim                           |   | 4                        |   |   |   |                            |  |              |  |              |  |              |  |           |  |
| 3:30p  |                                  |   |   |   |   |   |                       |   |   |   |              |   |                            |   |   |   |              |   |              |   |           |   |                                             |   |                                       |   |   |   |                               |   |                                       |   |                          |   |   |   |                            |  |              |  |              |  |              |  |           |  |
| 4:00p  |                                  |   |   |   |   |   |                       |   |   |   |              |   |                            |   |   |   |              |   |              |   |           |   |                                             |   |                                       |   |   |   |                               |   |                                       |   |                          |   |   |   |                            |  |              |  |              |  |              |  |           |  |
| 4:30p  |                                  |   |   |   |   |   |                       |   |   |   |              |   |                            |   |   |   |              |   |              |   |           |   |                                             |   |                                       |   |   |   |                               |   |                                       |   |                          |   |   |   |                            |  |              |  |              |  |              |  |           |  |
| 5:00p  | Swim Lessons                     |   | 4 |   |   |   | 3                     |   |   |   | Swim Lessons |   | 3                          |   |   |   | Swim Lessons |   | 6            |   |           |   | Family Swim                                 |   | 4                                     |   |   |   | Swim Lessons                  |   | Family Swim                           |   | 4                        |   |   |   |                            |  |              |  |              |  |              |  |           |  |
| 5:30p  |                                  |   |   |   |   |   |                       |   |   |   |              |   |                            |   |   |   |              |   |              |   |           |   |                                             |   |                                       |   |   |   |                               |   |                                       |   |                          |   |   |   | 1                          |  | Swim Team    |  | Swim Lessons |  | 1            |  | Swim Team |  |
| 6:00p  | Swim Lessons                     |   | 3 |   |   |   | Swim Lessons          |   | 1 |   | Swim Team    |   | Swim Lessons               |   | 1 |   | Swim Team    |   | 3            |   | Swim Team |   | Pool closes at 5:45pm Saturdays and Sundays |   |                                       |   |   |   |                               |   |                                       |   |                          |   |   |   |                            |  |              |  |              |  |              |  |           |  |
| 6:30p  |                                  |   |   |   |   |   |                       |   |   |   |              |   |                            |   |   |   |              |   |              |   |           |   |                                             |   |                                       |   |   |   | Water Aerobics 6:30-7:30      |   | 2                                     |   | Water Aerobics 6:30-7:30 |   | 2 |   | 6                          |  |              |  |              |  |              |  |           |  |
| 7:00p  | 6                                |   |   |   |   |   | 6                     |   |   |   |              |   | 6                          |   |   |   |              |   | 6            |   |           |   |                                             |   |                                       |   |   |   | Pool closes at 7:45pm Fridays |   |                                       |   |                          |   |   |   |                            |  |              |  |              |  |              |  |           |  |
| 7:30p  |                                  |   |   |   |   |   |                       |   |   |   |              |   |                            |   |   |   |              |   |              |   |           |   |                                             |   |                                       |   |   |   |                               |   |                                       |   |                          |   | 6 |   |                            |  |              |  | 6            |  |              |  |           |  |
| 8:00p  | 6                                |   |   |   |   |   | 6                     |   |   |   |              |   | 6                          |   |   |   |              |   | 6            |   |           |   |                                             |   | Pool closes at 8:45pm Monday-Thursday |   |   |   |                               |   |                                       |   |                          |   |   |   |                            |  |              |  |              |  |              |  |           |  |
| 8:30p  |                                  |   |   |   |   |   |                       |   |   |   |              |   |                            |   |   |   |              |   |              |   |           |   |                                             |   |                                       |   |   |   |                               |   |                                       |   |                          |   | 6 |   |                            |  |              |  | 6            |  |              |  |           |  |
| 9:00p  | 6                                |   |   |   |   |   | 6                     |   |   |   |              |   | 6                          |   |   |   |              |   | 6            |   |           |   |                                             |   |                                       |   |   |   |                               |   | Pool closes at 8:45pm Monday-Thursday |   |                          |   |   |   |                            |  |              |  |              |  |              |  |           |  |
|        |                                  |   |   |   |   |   |                       |   |   |   |              |   |                            |   |   |   |              |   |              |   |           |   |                                             |   |                                       |   |   |   |                               |   |                                       |   |                          |   |   |   | 6                          |  |              |  |              |  | 6            |  |           |  |