

Pelham Indoor Pool Schedule

Spring 2025

				F 001 3C				Spring						
	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Lane		Lane		Lane		Lane		Lane		Lane		Lane	
	1 2	3 4	1 2	3 4	1 2	3 4	1 2	3 4	1 2	3 4	1 2	3 4	1 2	3 4
5:00a 5:45a	-													
5:45a 6:00a														
6:45a														
7:00a	Lap S	wim	Lap S	wim	Lap S	wim	Lap S	wim	Lap S	wim		pens at		
7:45a	-										8am Sa	iturdays		
8:00a											Lap	Swim		
8:45a														
9:00a	9am-9:			:45am	9am-9			:45am		:45am		:45am		
9:45a	Water A	erobics	Water /	Aerobics	Water A	lerobics	Water /	Aerobics	Water A	Aerobics	Water	Aerobics		
10:00a														
10:45a											Intro	to Swim		
11:00a							11-11:45 V Aerobi							
11:45a	-						ACIODI						Pool op	ens at Sundays
12:00p	_		_		_								12piii Oii	Sundays
12:45p	⊑	Ε	ے.	Ε	.⊆	Ε								
1:00p	Open Swim	Lap Swim	Open Swim	Lap Swim	Open Swim	Lap Swim	E							
1:45p	S	Ś	S	Ś	S	Ś	i i	<u> </u>	⊑	_	Ε	E	⊑	
2:00p	<u> </u>	Ω.	<u></u>	Ω.	<u></u>	Ω.	5	3	- <del>-</del>	.=	3	ŧ	Į.	<u> </u>
2:00p 2:45p	be	<u>ui</u>	ď	<u>u</u>	pe	<u>a</u>	0	Ń	5	3	S	5	<b>&gt;</b>	<u> </u>
· ·	Ō		Ō		Ō		0	<u> </u>	0)	S	_	U)	5	Ó
3:00p 3:45p	-						Open Swim	Lap Swim	Open Swim	Lap Swim	Open Swim	Lap Swim	Open Swim	Lap Swim
· ·	_						0		<u> </u>	Ľ	Ö		d	מ
4:00p									0				0	
4:45p														
5:00p														
5:30p			water		water									
5:45p		ns 5:	Agrob	ons 5:	Aerob SW	ns 5:	Less	ons 5:			Pool clo	ses at 5:45 and Su		aturdays
6:00p	Water Aerobics 6p-7p	pm	ics 5: 45p- 6:30p	7pm	45p- 6:30n	7pm	Water Aerobics 6p-7p	7:30				anu Su	muays	
6:30p	6р-7р						6р-7р							
7:00p														
7:30p										ses at 7:				
8:00p									45	pm				
8:30p		P	ool close	s at 8:45p	m Monday	y-Thursda	У							
9:00p														
KEY:	:	Lap Swim	Wate	r Aerobics	Open	Swim		SBY Swim	Team	Swim lesso	ns	Camp	Swim	

\*\*Please note that these designate the number of lanes allocated during each time frame, and not a specific lane location

Pool will CLOSE @ 6:30	pm on following days:
January 8th	March 12th
January 25th	March 26th
February 12th	
February 26th	

\*\*\*Fridays are the designated days for make-up Swim Lessons. Please call ahead to see about pool space @ (205) 664-9622