



Trussville Main Pool Schedule - Fall / Winter 2024

	Monday							Tuesday							Wednesday							Thursday							Friday							Saturday							Sunday													
	Lane							Lane							Lane							Lane							Lane							Lane																				
	1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7							
5:00a	LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							Pool opens at 7am Saturdays																				
5:30a																																																								
6:00a																																																								
6:30a																																																								
7:00a	LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM						
7:30a																																																								
8:00a																																																								
8:30a																																																								
9:00a	AQUA FIT 9a - 9:45a		LAP SWIM					AQUA CHALLENGE 8a-8:45a		LAP SWIM					AQUA FIT 9a - 9:45a		LAP SWIM					AQUA CHALLENGE 8a-8:45a		LAP SWIM					AQUA FIT 9a - 9:45a		LAP SWIM					LAP SWIM																				
9:30a																																																								
10:00a																																																								
10:30a																																																								
11:00a	AQUA FIT 10a - 10:45a		LAP SWIM					ADULT OPEN SWIM		LAP SWIM					AQUA FIT 9a - 9:45a		LAP SWIM					ADULT OPEN SWIM		LAP SWIM					AQUA FIT 9a - 9:45a		LAP SWIM					LAP SWIM																				
11:30a																																																								
12:00p																																																								
12:30p																																																								
1:00p	FAMILY SWIM 10: 45a - 8:45p		LAP SWIM					FAMILY SWIM 10: 30a - 8:45p		LAP SWIM					FAMILY SWIM 10: 45a - 8:45p		LAP SWIM					FAMILY SWIM 10: 30a - 8:45p		LAP SWIM					FAMILY SWIM 10: 30a - 8:45p		LAP SWIM					LAP SWIM																				
1:30p																																																								
2:00p																																																								
2:30p																																																								
3:00p	SWIM LESSONS		LAP SWIM					SWIM LESSONS		LAP SWIM					SWIM LESSONS		LAP SWIM					SWIM LESSONS		LAP SWIM					SWIM LESSONS		LAP SWIM					LAP SWIM																				
3:30p																																																								
4:00p																																																								
4:30p																																																								
5:00p	SWIM LESSONS		LAP SWIM					SWIM LESSONS		LAP SWIM					FAMILY SWIM 10: 45a - 7:45p		LAP SWIM					FAMILY SWIM 10: 30a - 5: 45p		LAP SWIM					FAMILY SWIM 10: 30a - 5: 45p		LAP SWIM					LAP SWIM																				
5:30p																																																								
6:00p																																																								
6:30p																																																								
7:00p	SWIM TEAM 5- 7:30p		LAP SWIM					SWIM TEAM 5- 7:30p		LAP SWIM					SWIM TEAM 5- 7:30p		LAP SWIM					SWIM TEAM 5- 7:30p		LAP SWIM					SWIM TEAM 5- 7:30p		LAP SWIM					LAP SWIM																				
7:30p																																																								
8:00p																																																								
8:30p																																																								
	Pool closes at 8:45p Mondays - Thursday																																																							
	Pool closes at 7:45p on Fridays																																																							
	Pool closes at 5:45p on Saturdays and Sundays																																																							

KEY: Lap Swim Family Swim Adult Open Swim Aqua Fit Aqua Challenge Aqua Jam Swim Lessons Swim Team

**Please note that these designate the number of lanes allocated during each time frame, and not a specific lane location