



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MORE THAN MUSCLE IT'S PERSONAL

PERSONAL TRAINING PACKAGES AND PRICING

60-Minute Sessions (Averages \$57 session)

Single session	\$60
4 sessions	\$228
6 sessions	\$342
8 sessions	\$456
10 sessions	\$570
12 sessions	\$684

30-Minute Sessions (Averages \$36 session)

Single session	\$38
4 sessions	\$144
6 sessions	\$216
8 sessions	\$288
10 sessions	\$360
12 sessions	\$432

Buddy Training * (Averages \$37 per person) *Prices are per person, not per group

Single session	\$38
4 sessions	\$148
6 sessions	\$222
8 sessions	\$296
10 sessions	\$370
12 sessions	\$444

YOUR SUCCESS IS OUR PRIORITY!



Get connected with a Personal Trainer that best fits your age, ability, lifestyle and goals! Scan QR code for more information.

