



# April 2024 Family Life Events at the Greystone YMCA

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>March 31</b>  <b>Branch Closed</b>  <b>Happy Easter!</b>	<b>1</b> Registration is still open for our Spring Session 7 Week Programs!  <b>YStrong Teen:</b> Main GPX 6:30pm	<b>2</b>	<b>3</b> <b>Breakfast Buddies Fellowship: Lobby 8am-10am</b>  <b>YCROSS Teen:</b> Main GPX 4:30pm  <b>Intro to Colorguard:</b> Interest Meeting 6:00pm-7:00pm	<b>4</b> <b>Senior Bingo Bonanza: Lobby 10am-11am</b>  <b>Teen Pickleball: Gym 4pm-5pm</b>  <b>Movin &amp; Groovin Kids Workout Class: Small GPX Rm 4:45pm-5:15pm</b>  <b>Teen YGT: YGT Rm 5pm-5:45pm</b>  <b>Teen Game Night: Upstairs 6pm-7pm</b>	<b>5</b> <b>Middle School Pool Night:</b> 6:30pm-7:30pm	<b>6</b> <b>*Game ON!</b> Association Wide Teen Night at Pelham YMCA (Ages 11-14) 4pm-8pm *Registration Required (Transportation Available from GSY to Pelham & Back)  To Register Visit: <a href="https://bit.ly/3TszlRI">https://bit.ly/3TszlRI</a>
<b>7</b> <b>Family Basketball:</b> Gym 4:30pm-6pm	<b>8</b> <b>Spring Enrichment Programs begin this week!</b>  <b>*Preschool Art (Ages 3-5):</b> 10am-10:30am Lobby  <b>*Tiny Tots Tumbling (Ages 3-5):</b> 11am-11:45am Small GPX  <b>*Speed &amp; Agility (Ages 10-14):</b> 6:15pm-7pm  <b>YStrong Teen:</b> Main GPX 6:30pm	<b>9</b> <b>*Tiny Tots Survey of Sports (Ages 3-5):</b> Gym 9am-9:30am  <b>*Pirates Cove Adventure Hunt (Ages 3-5):</b> Gym 9:35am-10:05am  <b>*Tiny Tots Survey of Sports (Ages 3-5):</b> Gym 10:10am-10:40am  <b>*Superhero Academy (Ages 3-5):</b> Gym 10:45am-11:15am  <b>*Kids in the Kitchen (Ages 9-13):</b> Downstairs Classroom 6pm-7pm  <b>*Disney Princess Camp (Ages 4-7):</b> Lobby 6:15pm-7pm	<b>10</b> <b>Breakfast Buddies Fellowship: Lobby 8am-10am</b>  <b>YCROSS Teen:</b> Main GPX 4:30pm  <b>*Intro to Colorguard (Ages 11-14):</b> Gym 6pm-7pm  <b>*Youth STEM (Ages 5-11):</b> Lobby 6:15-7pm	<b>11</b> <b>*Tiny Tots Intro to Basketball (Ages 3-5)</b> Gym 9am-9:30am  <b>*Dino Dash (Ages 3-5):</b> Gym 9:35am-10:05am  <b>Senior Bingo Bonanza: Lobby 10am-11am</b>  <b>*Tiny Tots Intro to Soccer (Ages 3-5)</b> Gym 10:10am-10:40am  <b>*Superhero Academy (Ages 3-5)</b> Gym 10:45am-11:15am  <b>*Teen Life Skills (Ages 14-18):</b> 11am-12pm  <b>Teen Pickleball: Gym 4pm-5pm</b>  <b>Movin &amp; Groovin Kids Workout Class: Small GPX Rm 4:45pm-5:15pm</b>  <b>Teen YGT: YGT Rm 5pm-5:45pm</b>  <b>Teen Game Night: Upstairs 6pm-7pm</b>  <b>*Intro to Plyometrics (Ages 10-14):</b> 6pm-6:45pm <b>*Teen Life Skills (Ages 14-18):</b> 6:30pm-7:30pm	<b>12</b> <b>Kids Night Out:</b> 6pm-10pm (Ages 3-12) *Must be Potty Trained *Registration Required Member Only: \$2 per child  <b>*Intro to Plyometrics (Ages 10-14):</b> 5:15pm-6pm  <b>Middle School Pool Night:</b> 6:30pm-7:30pm	<b>13</b>
<b>14</b> <b>Family Basketball:</b> Gym 4:30pm-6pm	<b>15</b> <b>YStrong Teen:</b> Main GPX 6:30pm	<b>16</b>	<b>17</b> <b>Breakfast Buddies Fellowship: Lobby 8am-10am</b>  <b>YCROSS Teen:</b> Main GPX 4:30pm	<b>18</b> <b>Senior Bingo Bonanza: Lobby 10am-11am</b>  <b>Teen Pickleball: Gym 4pm-5pm</b>  <b>Movin &amp; Groovin Kids Workout Class: Small GPX Rm 4:45pm-5:15pm</b>  <b>Teen YGT: YGT Rm 5pm-5:45pm</b>  <b>Teen Game Night: Upstairs 6pm-7pm</b>	<b>19</b> <b>Middle School Pool Night:</b> 6:30pm-7:30pm	<b>20</b> <b>Healthy Kids Day Event</b> 9:30am-12pm Tennis Expo, Yoga, Zumba, Swimming & Cookout *Open to the Public
<b>21</b> <b>Family Basketball:</b> Gym 4:30pm-6pm	<b>22</b> <b>YStrong Teen:</b> Main GPX 6:30pm	<b>23</b> <b>Breakfast Buddies Fellowship: Lobby 8am-10am</b>	<b>24</b> <b>SR Off-Site Field Trip: 8:30am-1pm</b> <b>Shelby County Senior Picnic</b> <b>*Seniors Must Register at <a href="http://picnic.shelbyva.com">picnic.shelbyva.com</a></b> <b>**Once registered you can sign up to ride the bus to the Shelby County Exhibition Center with us.</b>  <b>YCROSS Teen:</b> Main GPX 4:30pm	<b>25</b> <b>Senior Bingo Bonanza: Lobby 10am-11am</b>  <b>Teen Pickleball: Gym 4pm-5pm</b>  <b>Movin &amp; Groovin Kids Workout Class: Small GPX Rm 4:45pm-5:15pm</b>  <b>Teen YGT: YGT Rm 5pm-5:45pm</b>  <b>Teen Game Night: Upstairs 6pm-7pm</b>	<b>26</b> <b>Middle School Pool Night:</b> 6:30pm-7:30pm	<b>27</b>
<b>28</b> <b>Family Basketball:</b> Gym 4:30pm-6pm	<b>29</b> <b>YStrong Teen:</b> Main GPX 6:30pm	<b>30</b>	<b>Youth Fitness Orientations:</b> <b>YFO classes are for members age 9-13 to learn the basics of safety in cardio and full body strength training.</b> <b>Register on our website.</b> <b>*YFO course is required to use equipment if under age of 14.</b>			<b>Gym Schedule:</b>  <b>Please Visit the Front Desk or See Schedule Posted on Gym Doors.</b>

<b>ANNOUNCEMENTS:</b> All Events/Activities on this calendar are Member Only unless specified otherwise. <b>Summer Day Camp Registration is Open now! Visit our website <a href="#">HERE</a> to learn more and to register.</b> <b>New Spring Session 7 Week Programs Starting week of April 8th-12th:</b>  <b>Programs for Ages 3-5:</b> Preschool Art (Mondays 10-10:30am) Ages 3-5 Tiny Tots Tumbling (Mondays 11-11:45am) Ages 3-5 Tiny Tots Survey of Sports (Tuesdays 9-9:30am) or (Tuesdays 10:10-10:40am) Ages 3-5 Tiny Tots Intro to Basketball (Thursdays 9-9:30am) Ages 3-5 Tiny Tots Intro to Soccer (Thursdays 10:10-10:40am) Ages 3-5 Dino Dash (Thursdays 9:35-10:05am) Ages 3-5 Pirates Cove Adventure Hunt (Tuesdays 9:35-10:05am) Ages 3-5 Superhero Academy (Tuesdays 10:45-11:15am or Thursdays 10:45am-11:15am) Ages 3-5	<b>AGE GROUP LEGEND:</b>  <b>Reminders</b> <b>Learn and Play (L): 6wk - 12yr</b> <b>**Registration Required**</b> <b>Y Kids (Y): Kindergarten - 8th grade</b> <b>Kids Night Out (KNO): 3yr - 12yr</b> <b>Middle School (MS): 6th-8th grade</b> <b>Teen (T): 7th - 12th grade</b> <b>Family (F): All ages.</b> <b>Senior (S): 55yr+</b>
--	--

All schedules are subject to change.