



Shades Valley Indoor Pool Schedule

March - May

	Monday						Tuesday						Wednesday						Thursday						Friday						Saturday						Sunday																																					
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5:00a	6						6						6						6						6						Pool opens at 7am Saturdays						Pool opens at 12pm Sundays																																					
5:30a							3																		Masters Swim		6																3						Masters Swim																									
6:00a	6						6						6												Y Aqua Challenge 6:45-7:45																		3		6																													
6:30a																									6						Y Aqua Challenge 6:45-7:45												3								6																							
7:00a																																																									6						Water Aerobics 8am-9am						6					
7:30a	6						3						6																																																													
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