

Shades Valley Indoor Pool Schedule

March - May

	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Sunday			
		Lane			Lane			Lane			Lane			Lane			Lane			Lane		
	1 2	3 4	5 6	1 2	3 4	5 6	1 2	3 4	5 6	1 2	3 4	5 6	1 2	3 4	5 6	1 2	3 4	5 6	1	2	3 4 5 6	
5:00a 5:30a 6:00a		6		6 Masters Swim			6			6			6 Masters Swim			Pool opens at 7am Saturdays						
6:30a 7:00a 7:30a 8:00a	Challe	Y Aqua Challenge 6:45-7:45		6			Y Aqua Challenge 6:45-7:45						Y Aqua Challenge 6:45-7:45			6			Pool opens at			
8:30a		6						Aerobics 8am-9am						6						12pm Sundays		
9:00a 9:30a		Water Aerobics 9-10am 2		Water Aerobics 9-10am 2		Water Aerobics 9-10am 2		Water Aerobics 9-10am 2			Vater Aerobics 2 9-10am		Water Aerobics 9-10am									
10:00a 10:30a 11:00a	6												6				2					
11:30a		Water Aerobics 11:45am - 12:45pm		6									Water		Swim							
12:00p 12:30p 1:00p	11:4							6			6			Aerobics 11:45am - 12:45pm		Lessons			6			
1:30p																			10			
2:00p		6											6			Open Swim			Lessons			
2:30p																			Open Swim			
3:00p	10	(2)				4													en S	4		
3:30p	SUC 4				E Suo							S u d			Swim	o						
4:00p 4:30p	Swim Lessons			2	Sw	vim 💮	Water Aerobic		Swim Lessons	2	Sw					Ö			SW			
5:00p	ı Le				Less	sons	4:30-5:3		_		Less	ons	Ē									
5:30p	/im		Swim						wim				Open Swim	(6							
6:00p	Sw		Team		Aerobics -7:15	2	Swim Lessons		eam	Water A	Aerobics -7:15	2	Ope									
6:30p 7:00p							-										Pool	closes	at	5:4	5nm	
7:30p	uiws uado		Open Swim		min Swim		Open Swim		Pool closes at			Pool closes at 5:45pm Saturdays and Sundays										
8:00p																						
8:30p	o												7:45	pm Fr	idays							
9:00p							m Mon	_														
KEY	:	Lap Swim - # of lanes available Water Aerobics Open Swim Swim lessons												ons	Sw	/im	Te	am				

^{**}Please note that these designate the number of lanes allocated during each time frame, and not a specific lane location

**Private Lessons and other Aquatics programming may use lane space at the discretion of the Aquatics Director.