

March 2024 Family Life Events at the Mountain Brook YMCA

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1/2 Court Pickup Basketball 5-8:30PM Mon- Fri Kids Night Out and Teen Night Registration opens the 1st!	MB 2024 POLAR BEAR CLUB OPEN FOR REGISTRATION YOUTH FITNESS ORIENTATION THURSDAYS 4-5:30PM	Adult Stage 1-2 Swim lesson 5:45-6:15PM (Reg. Required)- TUESDAYS Adult Stage 1 Swim lesson 5: 45-6:15PM (Reg. Required) - MONDAYS Adult Stage 3 Swim lesson 5: 15-5:45PM (Reg. Required) WEDNESDAYS	Teen Stage 1-2 Swim lesson 5:15-5:45PM (Reg. Required) -TUESDAYS Teen Stage 3 Swim lessons 4: 15-4:45PM (Reg. Required) - WEDNESDAYS Teen Stage 4 Swim Lessons 4: 45-5:15PM (Reg. Required) - WEDNESDAYS		1	2
3 Beginner Pickleball Clinic 1-3PM (Reg. Required)	P/S Stages 1 Swim Basics 4:15-4:45PM (Reg. Required) P/S Stages 2 Swim Basics 4:45-5:15PM (Reg. Required) Youth Stages 1-2 Swim Basics 5:15-5:45PM (Reg. Required)	Homeschool PE (ages 5-8) 1:30-2:15PM (Reg. Required) Homeschool PE (ages 9-14) 1:30-2:15PM (Reg. Required) Youth 1-2 Swim Basics 4: 15-4:45PM (Reg. Required)	6 Tennis Clinic (ages 5-7) 3:30-4:15PM (Reg. Required) Beginner Pickleball Clinic 6-8PM (Reg. Required)	7 Aquatics Leaders Club- Jr. 4-5PM (Reg. Required) Youth Fitness Orientation 4-5PM (Reg. Required) Tennis Clinic (ages 7-10) 4:30-5: 30PM (Reg. Required) CPR/AED Training- 4-8PM (Reg. Required) Strength Training-Level 1 (ages 9-13) 6-7PM (Reg. Required)	8	9
10	P/S Stages 1 Swim Basics 4:15-4:45PM (Reg. Required) P/S Stages 2 Swim Basics 4:45-5:15PM (Reg. Required) Youth Stages 1-2 Swim Basics 5:15-5:45PM (Reg. Required)	Homeschool PE (ages 5-8) 1:30-2:15PM (Reg. Required) Homeschool PE (ages 9-14) 1:30-2:15PM (Reg. Required) Youth 1-2 Swim Basics 4: 15-4:45PM (Reg. Required)	13 Tennis Clinic (ages 5-7) 3:30-4:15PM (Reg. Required)	Aquatics Leaders Club- Jr. 4-5PM (Reg. Required) Tennis Clinic (ages 7-10) 4: 30-5:30PM (Reg. Required) Strength Training-Level 1 (ages 9-13) 6-7PM (Reg. Required)	15 Teen Night 8-10PM (Registration Required)	16 Kids Night Out 5:30PM-9: 30PM (Registration Required)
17 Intermediate Pickleball Clinic 1-3PM (Reg. Required)	18 P/S Stages 1 Swim Basics 4:15-4:45PM (Reg. Required) P/S Stages 2 Swim Basics 4:45-5:15PM (Reg. Required) Youth Stages 1-2 Swim Basics 5:15-5:45PM (Reg. Required)	Homeschool PE (ages 5-8) 1:30-2:15PM (Reg. Required) Homeschool PE (ages 9-14) 1:30-2:15PM (Reg. Required) Youth 1-2 Swim Basics 4: 15-4:45PM (Reg. Required)	20 Tennis Clinic (ages 5-7) 3:30-4:15PM (Reg. Required)	Aquatics Leaders Club- Jr. 4-5PM (Reg. Required) Tennis Clinic (ages 7-10) 4: 30-5:30PM (Reg. Required) Strength Training-Level 1 (ages 9-13) 6-7PM (Reg. Required)	22	23
24	P/S Stages 1 Swim Basics 4:15-4:45PM (Reg. Required) P/S Stages 2 Swim Basics 4:45-5:15PM (Reg. Required) Youth Stages 1-2 Swim Basics 5:15-5:45PM (Reg. Required)	26 Homeschool PE (ages 5-8) 1:30-2:15PM (Reg. Required) Homeschool PE (ages 9-14) 1:30-2:15PM (Reg. Required) Youth 1-2 Swim Basics 4: 15-4:45PM (Reg. Required)	27 Tennis Clinic (ages 5-7) 3:30-4:15PM (Reg. Required)	28 Aquatics Leaders Club- Jr. 4-5PM (Reg. Required) Tennis Clinic (ages 7-10) 4: 30-5:30PM (Reg. Required) Strength Training-Level 1 (ages 9-13) 6-7PM (Reg. Required)	29	30 9-11AM Easter Celebration! Decorate Cookies, Easter Egg Hunt, Dye Eggs, and Bunny Dance
ANNOUNCEMENTS:					AGE GROU	JP LEGEND:
					Learn and Play (L): 6wk - 12yr Y Kids (Y): Kindergarten - 8th grade Kids Night Out (KNO): 3yr - 12yr Teen (T): 7th - 12th grade Family (F): All ages. Senior (S): 55yr+	
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All schedules are subject to change.