



Trussville Main/Rec Pool Schedule - Fall/Winter

	Monday							Tuesday							Wednesday							Thursday							Friday							Saturday							Sunday													
	Lane							Lane							Lane							Lane							Lane							Lane																				
	1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7							
5:00a	LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							Pool opens at 7am Saturdays																				
5:30a	LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM						
6:00a	LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM						
6:30a	LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM						
7:00a	LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM						
7:30a	LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM							LAP SWIM						
8:00a	ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						LAP SWIM							LAP SWIM													
8:30a	ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						LAP SWIM							LAP SWIM													
9:00a	WATER AEROBICS 9a - 10a			LAP SWIM				WATER AEROBICS 9a - 10a			LAP SWIM				WATER AEROBICS 9a - 10a			LAP SWIM				WATER AEROBICS 9a - 10a			LAP SWIM				WATER AEROBICS 9a - 10a			LAP SWIM				LAP SWIM							LAP SWIM													
9:30a	WATER AEROBICS 9a - 10a			LAP SWIM				WATER AEROBICS 9a - 10a			LAP SWIM				WATER AEROBICS 9a - 10a			LAP SWIM				WATER AEROBICS 9a - 10a			LAP SWIM				WATER AEROBICS 9a - 10a			LAP SWIM				LAP SWIM							LAP SWIM													
10:00a	ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						LAP SWIM							LAP SWIM													
10:30a	ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						LAP SWIM							LAP SWIM													
11:00a	ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						LAP SWIM							LAP SWIM													
11:30a	ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						LAP SWIM							LAP SWIM													
12:00p	ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						LAP SWIM							LAP SWIM													
12:30p	ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						LAP SWIM							LAP SWIM													
1:00p	ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						ADULT OPEN SWIM	LAP SWIM						LAP SWIM							LAP SWIM													
1:30p	FAMILY SWIM 11-8:45p			LAP SWIM				FAMILY SWIM 11-8:45p			LAP SWIM				FAMILY SWIM 11-8:45p			LAP SWIM				FAMILY SWIM 11-8:45p			LAP SWIM				FAMILY SWIM 11-7:45p			LAP SWIM				LAP SWIM							LAP SWIM													
2:00p	FAMILY SWIM 11-8:45p			LAP SWIM				FAMILY SWIM 11-8:45p			LAP SWIM				FAMILY SWIM 11-8:45p			LAP SWIM				FAMILY SWIM 11-8:45p			LAP SWIM				FAMILY SWIM 11-7:45p			LAP SWIM				LAP SWIM							LAP SWIM													
2:30p	FAMILY SWIM 11-8:45p			LAP SWIM				FAMILY SWIM 11-8:45p			LAP SWIM				FAMILY SWIM 11-8:45p			LAP SWIM				FAMILY SWIM 11-8:45p			LAP SWIM				FAMILY SWIM 11-7:45p			LAP SWIM				LAP SWIM							LAP SWIM													
3:00p	FAMILY SWIM 11-8:45p			LAP SWIM				FAMILY SWIM 11-8:45p			LAP SWIM				FAMILY SWIM 11-8:45p			LAP SWIM				FAMILY SWIM 11-8:45p			LAP SWIM				FAMILY SWIM 11-7:45p			LAP SWIM				LAP SWIM							LAP SWIM													
3:30p	FAMILY SWIM 11-8:45p			LAP SWIM				FAMILY SWIM 11-8:45p			LAP SWIM				FAMILY SWIM 11-8:45p			LAP SWIM				FAMILY SWIM 11-8:45p			LAP SWIM				FAMILY SWIM 11-7:45p			LAP SWIM				LAP SWIM							LAP SWIM													
4:00p	SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						LAP SWIM							LAP SWIM													
4:30p	SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						LAP SWIM							LAP SWIM													
5:00p	SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						LAP SWIM							LAP SWIM													
5:30p	SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						LAP SWIM							LAP SWIM													
6:00p	SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						LAP SWIM							LAP SWIM													
6:30p	SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						LAP SWIM							LAP SWIM													
7:00p	SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						LAP SWIM							LAP SWIM													
7:30p	SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						LAP SWIM							LAP SWIM													
8:00p	SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						LAP SWIM							LAP SWIM													
8:30p	SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						LAP SWIM							LAP SWIM													
9:00p	SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						SWIM LESSONS	LAP SWIM						LAP SWIM							LAP SWIM													

KEY: Lap Swim Water Aerobics Adult Open Swim Family Swim SBY Swim Team Swim Lessons

**Please note that these designate the number of lanes allocated during each time frame, and not a specific lane location