the

F 00a 30a 00a	R 1 2 3	y	Tuesd	ay	Wedneed										
00a 30a					Wednesday		Thursday		Friday		Saturday		Sunday		
00a 30a	R 1 2 3			Lane		Lane		Lane		Lane		Lane		Lane	
30a		4 5	R 1 2 3	4 5	R 1 2 3	4 5	R 1 2 3	4 5	R 1 2 3	4 5	R 1	2 3 4 5	R 1	2 3 4	
30a 00a 30a 00a	Lap Swim		Lap Swim		Lap Swim		Lap Swim		Lap Swim		Pool opens at 7am Saturdays Lap Swim				
30a															
00a	Water Aerobics 9am-10am		Water Aerobics 9am-10am		Water Aerobics 9am-10am		Water Aerobics 9am-10am		Water Aerobics 9am-10am		Water Aerobics 9am-10am				
30a															
0:00a 0:30a 1:00a 1:30a 2:00p					ACS Adaptive Swimming 10- 11:30 AM					·	Parent/Child 10-11 AM			l opens at on Sunday	
2:30p 00p 30p 00p 30p 00p 30p 30p	Open Swim 10am-4PM		Open Swim 10am-4PM		Open Swim 10am-4PM		Open Swim 10am-4PM		Open Swim 10am-4PM			Open Swim 10am-4PM		Open Swim 12pm-5:30p	
00p 30p 00p		Swim Team 4:		Swim Team 4:		Swim Team 4:		Swim Team 4:		Swim Team 4:30-	La	p Swim	La	p Swim	
30p 00p 30p 00p 30p 00p	Water H2O 6-7 PM 6-7 PM	30-6:30 PM	Swim Lessons 5-7:45 PM	30-6:30 PM		30-6:30 PM	Swim Lessons 5-7:45 PM	30-6:30 PM		6:30 PM	Po	ol closes at 5	:45pm	Sat - Sun	
30p		Pool closes at 8:45pm Mondays - Thursdays							Pool closes 7:45pm on Fridays						

\*\*Please note that these designate the number of lanes allocated during each time frame, and not a specific lane location

Join our Aquatics remind by texting the number: 81010 with the message: @alymca

Water Aerobic's Pop Schedule	Safety Around Water M-F	Adaptive Swimming		10A-12P	
Mondays: Y H20 6:15pm - 7pm	12 -2 PM	Sept 6th	Oct 18th		
turdays: Y H20 9am - 9:45am	September 18th - 22nd	Sept 13th	Oct 25th	1	
	September 25th - 29th	Sept 20th	Nov 1st		
	October 23rd - 27th	Sept 27th	Nov 8th	1	
	October 30th - November 3rd	Oct 4th	Nov 15	1	
	November 13th - 17th	Oct 11th			
	November 27th - December 1st			_	