

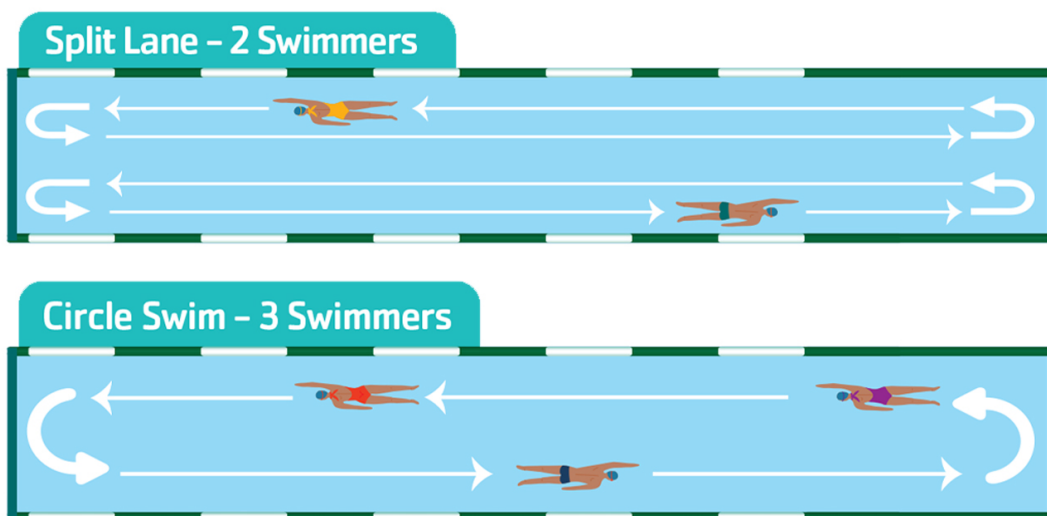


FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Lap Lane Etiquette

Please follow the guidelines below for your safety and the respect of your fellow members. Your cooperation is much appreciated.

1. Always fill empty lanes first.
2. If water walking, jogging or using dumbbells please share lanes.
3. When it is necessary to join a lane with another swimmer, please attempt to share a lane with a swimmer of similar ability/ speed.
4. Please ask or make eye contact when joining another swimmer before entering. This will signal the need to share the lane.



- 2 swimmers per lane- Split the lane. You will remain on one side of the lane (see the diagram)- right or left. Do not cross the centerline.
- 3 or more swimmers per lane- Circle Swimming. Please remain on the right side of the lane (see the diagram) staying close to the lane line to allow others in the lane to pass.

4. Resting- please rest only at the walls and stay in the corner of the lane. Do not block space on the wall for others in the lane to turn.

5. If you would rather swim on your own, please plan on swimming at off-peak hours.