



July 2022

Family Life Events at the Trussville YMCA

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Senior Pickleball 8:00AM-12:00PM Family Volleyball 5:30pm-8:00 pm	2
3	4 Senior Pickleball 8:00AM-12:00PM Popsicles and games by the pool 11-1	5 Family Board Game Night 6:00 p.m-7:30 p.m.	6 Senior Pickleball 8:00AM-12:00PM Senior Bingo 10:00 a.m-12:00 p.m	7 FAMILY COOK OUT AND OUTDOOR GAME NIGHT 6-8PM	8 Senior Pickleball 8:00AM-12:00PM Family Volleyball 5:30pm-8:00 pm	9 "Family H2O 9:00-10:00 Family Water Aerobics Registration required and swim test for 13 years old and under."
10	11 Senior Pickleball 8:00AM-12:00PM	12 Senior Bingo 9:00 a.m-11:00 a.m Family Craft Night 6:00-7:30	13 Senior Pickleball 8:00AM-12:00PM	14 Senior Brunch 10:00 a.m-11:00 am	15 Senior Pickleball 8:00AM-12:00PM Family Volleyball 5:30pm-8:00 pm Kids Night Out 6pm-10PM	16 Family Zumba 10:00 AM Family Tennis Clinic 10am-12:00 Pm
17	18 Senior Pickleball 8:00AM-12:00PM	19 Family Popsicles by the pool and games 3:00-6:00pm	20 Senior Pickleball 8:00AM-12:00PM	21 Family Movie and Game Night 6:00 p.m-8:00 p.m. Register at the Member Service Desk	22 Senior Pickleball 8:00AM-12:00PM Family Volleyball 5:30pm-8:00 pm Middle School Madness 7:00 p.m-10:00 p.m	23 "Family H2O 9:00-10:00 Family Water Aerobics Registration required and swim test for 13 years old and under."
24 Family Pickleball 2:00 p.m-4:00pm	25 Senior Pickleball 8:00AM-12:00PM	26 Family Snow Cones by the pool 6:30p p.m-7:30 p.m	27 Senior Pickleball 8:00AM-12:00PM	28 STEM Family Activites 6:00-7:30	29 Senior Pickleball 8:00AM-12:00PM Family Volleyball 5:30pm-8:00 pm	30 Family Zumba 10:00 AM

ANNOUNCEMENTS:

AGE GROUP LEGEND:

Learn and Play (L): 6wk - 12yr
 Y Kids (Y): Kindergarten - 8th grade
 Kids Night Out (KNO): 3yr - 12yr
 Teen (T): 7th - 12th grade
 Family (F): All ages.
 Senior (S): 55yr+

All schedules are subject to change.