



July 2022 Family Life Events at the HOOVER YMCA

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Senior Pickleball Open Play 5am-3pm	2 Coffee and Conversation 9am-11am
3	4 Senior Pickleball Open Play 7am-3pm Y Move 10:45am Family Pool Deck Games - 12pm-4:30pm Branch Hours 7am-5pm - Happy 4th!	5 Coffee and Conversation 9am-11am Y Cross Kids 1045am - Mind/Body Room Family Pool Deck Games @6pm YGT Teen 13-15 @5:45pm	6 Grown Up Time Out 8am- 12pm Registration Required Y Move 10:45am Beat The Heat - Popsicles by the pool @12pm	7 Coffee and Conversation 9am-11am Y Cross Kids 445pm- Mind/Body Room YGT Teens 13-15 @5:45 Jurassic Dino Dig with my Grown Up in P1 @6pm Dinner Included Registration Required	8 Senior Pickleball Open Play 5am-3pm	9 Coffee and Conversation 9am-11am
10	11 Senior Pickleball Open Play 5am-3pm Y Move 10:45am Music and Art with my Grown Up @11:30am in P2 Parent Focus Meeting @6pm in P2	12 Coffee and Conversation 9am-11am Y Cross Kids 1045am - Mind/Body Room Family Pool Deck Games @6pm YGT Teen 13-15 5:45pm	13 Member Appreciation Day Y Move 10:45am Beat The Heat - Popsicles by the pool @12pm	14 Senior Adult Potluck @12pm in P1 Senior Line Dancing @1pm in GroupeX Room Y Cross Kids 445pm - Mind/Body Room YGT Teen 13-15 5:45pm Family STEM Science Night @6pm in P1 Dinner Included. Registration Required	15 Senior Pickleball Open Play 5am-3pm	16 Coffee and Conversation 9am-11am Family Yoga @9:45am Kids Night Out 6pm-10pm
17	18 Senior Pickleball Open Play 5am-3pm Y Move 10:45am Music and Art with my Grown Up @11:30am in P2 Blood Pressure Check 9am-12pm	19 Coffee and Conversation 9am-11am Y Cross Kids 1045am - Mind/Body Room YGT Teen 13-15 @5:45pm Family Pool Deck Games @6pm	20 Beat The Heat - Popsicles by the pool @12pm Y Move 10:45am Family Yoga 5:45pm	21 Coffee and Conversation 9am-11am Y Cross Kids 445pm - Mind/Body Room YGT Teen 13-15 @5:30pm	22 Senior Pickleball Open Play 5am-3pm Middle School Madness 7pm-10pm for Rising 6th- 8th Graders	23 Coffee and Conversation 9am-11am Summer Block Party 11am-2pm
24	25 Senior Pickleball Open Play 5am-3pm Y Move 10:45am Music and Art with my Grown Up @11:30am in P2	26 Coffee and Conversation 9am-11am Y Cross Kids 1045am - Mind/Body Room Family Pool Deck Games @6pm YGT Teen 13-15 @5:30pm	27 Grown Up Time Out 8am- 12pm Registration Required Y Move 10:45am Beat The Heat - Popsicles by the pool @12pm	28 Coffee and Conversation 9am-11am Y Cross Kids 445pm - Mind/Body Room YGT Teen 13-15 @5:45pm	29 Senior Pickleball Open Play 5am-3pm Blood Pressure Check 9am-12pm	30 Coffee and Conversation 9am-11am Grown Up Night Out Pool Party 6pm-8pm. Childcare provided. Registration required for childcare.

ANNOUNCEMENTS:

**YKIDS Swim -
Thursdays at 5:45 PM
and Fridays at 9:30 AM**

**Youth Fitness
Orientation for 9-13
years old. See the
front desk or a health
coach for details!**

AGE GROUP LEGEND:

**Learn and Play (L): 6wk - 12yr
Y Kids (Y): Kindergarten - 8th grade
Kids Night Out (KNO): 3yr - 12yr
Teen (T): 7th - 12th grade
Family (F): All ages.
Senior (S): 55yr+**