



July 2022 Family Life Events at the Greystone YMCA

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LNP (6wk-12yr) June Hours: Mon-Sat: 8am-12pm Mon-Th: 4pm-7pm	YKids (6yr-12yr) June Hours: Mon-Fri: 9am-11am Mon-Th: 4:30pm-6:30pm				1 International Joke Day- Bring your favorite jokes to share with friends in Learn and Play: All Day during program hours Family Pickleball Open Play in Gym 6pm-8pm	2 National Play Outside Day! Independence Day Celebration- Cookout & Pool Party: 11am-1pm
3 Compliment Your Mirror Day!	4 Independence Day! Branch Hours: 7am-5pm Senior Friends, Fellowship & Coffee in Lobby: 8am-10am	5 Ykids YCross Class in Small GPX: 9am-9:30am Popsicles by the Pool: 11:30am-12pm Senior Trivia in Lobby: 12pm-12:30pm	6 Projects with Presley at the Pool: 2pm-2:30pm Pool Side Fun & Games: 2:30pm-3:00pm	7 International Peace and Love Day! Senior Bingo at the Pool: 10am-11am Popsicles by the Pool: 3pm-3:30pm YKids YCross Class in Small GPX: 4:45pm-5:15pm	8 Be a Kid Again Day- Join us for Family Kickball in Gym: 6pm-8pm Kids Night Out: 6pm-10pm *Registration Required	9 National Sugar Cookie Day! Senior Book Club: 9am-10am Adult Bible Study: 10am-11am Family Trivia & Games: 11am-12pm
10	11 Senior Friends, Fellowship & Coffee in Lobby: 8am-10am Water Aerobics Luncheon in Pool Room: 10am-12pm Adult Bible Study: 4:30pm-5:30pm Family Craft Night: 5:30pm-6:30pm	12 Ykids YCross in Small GPX: 9am- 9:30am Popsicles by the Pool: 11:30am-12pm Senior Recipe Swap: Desserts in Pool Room 12pm-1pm	13 National Swimming Pool Day- beat the heat and join us at the pool! Senior Off-Site Trip to Columbiana (George Washington Museum & Old Courthouse): 10am-2pm Projects with Presley at the Pool: 2pm-2:30pm Pool Side Fun & Games:	14 UAB Trip Lab Presentation on Safe Driving/Riding & Driving Simulator: 10am-11:30am Senior Bingo at the Pool: 10am-11am Popsicles by the Pool 3pm-3:30pm YKids YCross Class in Small GPX: 4:45pm-5:15pm	15 National Youth Skills Day- Show off your skills in a day of fitness challenges in Learn and Play: All Day during program hours Family Basketball in Gym: 6pm-8pm A Night at the Sea-Nema featuring Star Wars a New Hope: 7:30pm-9:30pm	16 Family Water Aerobics Class in the Pool: 9:30am-10am
17 National Ice Cream Day!	18 Global Hug Your Kids Day! Senior Friends, Fellowship & Coffee in Lobby: 8am-10am Adult Bible Study: 4:30pm-5:30pm Family Board Game Night: 5:30pm-6:30pm	19 Ykids YCross in Small GPX: 9am- 9:30am Senior Appreciation Day (Stop by the front desk for a healthy snack!): All Day Popsicles by the Pool: 11:30am-12pm Cow Apprecation Day- Cow Craft in Learn and Play: All Day during	20 National Lollipop Day! Create a lollipop craft in Learn and Play: All Day during program hours Projects with Presley at the Pool: 2pm-2:30pm Pool Side Fun & Games: 2:30pm-3:00pm	21 Senior Bingo at the Pool: 10am-11am Popsicles by the Pool 3pm-3:30pm YKids YCross Class in Small GPX: 4:45pm-5:15pm	22 Pi Approximation Day- bring in your favorite Pie recipes: All Day Family Pickleball Open Play in Gym: 6pm-8pm Middle School Madness (6th-8th graders): 6pm-9pm *Registration Required	23
24 Happy Parents Day!	25 Senior Friends, Fellowship & Coffee in Lobby: 8am- 10am Adult Bible Study: 4:30pm-5:30pm Family Trivia Night: 5:30pm-6:30pm	26 Uncle & Aunt Day- Make a card for your Aunt & Uncle in Learn and Play: All Day during program hours Ykids YCross in Small GPX: 9am-9:30am Popsicles by the Pool: 11:30am-12pm	27 Senior Off-Site Trip to Sylacauga (The Little Blue Bell Creamery): 10am-2pm Projects with Presley at the Pool: 2pm-2:30pm Pool Side Fun & Games: 2:30pm-3:00pm National Love is Kind Day- Photo Booth in Lobby: All Day	28 Senior Craft Session in Lobby: 10am-11am Popsicles by the Pool 3pm-3:30pm YKids YCross Class in Small GPX: 4:45pm-5:15pm	29 Lasagna Day Celebration- Lasagna Cookoff: 11am Family Basketball in Gym: 6pm-8pm	30 International Day of Friendship- bring your friend and enjoy a day at the pool! Family Yoga Class in Main GPX: 10:30am-11am
31 International Lifeguard Appreciation Day!						

ANNOUNCEMENTS:

All Events/Activities on this calendar are Member Only unless specified otherwise.

Youth Fitness Orientation (Ages 9-13): 2 Free 1 Hour sessions on Tuesdays & Thursdays to learn the basics of safety in cardio and full body strength training. Registration is required, please visit our website for more information.

Registration is open for [Afterschool Care](#) & [Y Preschool](#) for the '22-'23 school year!

AGE GROUP LEGEND:

Learn and Play (L): 6wk - 12yr
Y Kids (Y): Kindergarten - 8th grade
Kids Night Out (KNO): 3yr - 12yr
Teen (T): 7th - 12th grade
Family (F): All ages.
Senior (S): 55yr+