

YMCA of GREATER BIRMINGHAM EXTRA SAFETY MEASURES DURING SUMMER FUN CLUB

Please note: These safety measures are subject to change at any time based on updates from local/state health departments and CDC.

What the YMCA is doing:

This summer will continue to look different than ever before. The health and safety of our children and staff continue to be our #1 priority at the YMCA. We have worked with local/state officials, CDC, and Y-USA to put the following updated measures in place to prevent the spread of COVID-19.

Promoting Behaviors that Reduce the Spread Hygiene Practices

Teach, remind, and model best practices for handwashing with both staff and children.

Handwashing by children and staff:

- Upon arrival
- Scheduled hourly
- Before meals/snacks
- After blowing the nose, coughing or sneezing
- After toileting
- Staff will clean and disinfect shared supplies and equipment.

Teach, remind, and model coughing/sneezing into the elbow with both staff and children.

Face Coverings

All children and YMCA staff are required to wear face coverings at all times while indoors. Face coverings will not be required outdoors when 6 feet of social distancing can be maintained. Children will not be able to enter the program without their face covering.

Please take a few minutes to review [CDC recommendations on the wearing of and washing masks.](#)

Children Illness

In order to protect everyone at afterschool, children exhibiting any of the following symptoms will be removed from program until symptom-free for 24 hours:

- Illness - unable to participate in routine activities or need more care than staff can provide.
- Fever with behavior changes, difficulty breathing, uncontrolled coughing, unusually tired, persistent crying, etc.
- Diarrhea
- Vomiting
- Open sores, rash, signs of infection, etc.
- Runny nose with colored mucus.
- Children and staff who don't feel well or have symptoms of COVID-19 will not be allowed to attend Summer Fun Club.

Should a child get sick while at the YMCA, they will be isolated from the remainder of the groups and parents will be called to pick up the child.

Parents should notify us as soon as possible if a member of the household has been tested and/or child tests positive for COVID-19.

Maintaining Healthy Environments

Cleaning Protocols and Procedures

- Facilities will be cleaned and disinfected prior to opening and after closing each day. Cleaning will continue during operation as well.
- All locations will implement frequent disinfection of high-traffic, high-touch areas such as door handles and faucets.
- Water fountains will be used only to refill water bottles.
- Supplies will be cleaned after each activity
- Tables and chairs will be wiped down after each group uses them if sharing space and at the end of the day.

COVID-19 Exposure

In the event of a COVID-19 exposure in our program, the YMCA will work closely with the JCDH and ADPH and follow their recommendations. Parents will be notified of any close contact exposure or positive cases in their child's group.

Daily Child and Staff Screening

Each child and staff member will complete a screening daily upon arrival at the YMCA which will include a temperature check and wellness screening to include a symptom check. Parents and staff will be asked the following questions:

- Have you or anyone in your house traveled to another country in the last 14 days?
- Have you been in contact with someone under investigation for, or with a confirmed case of coronavirus?
- Have you or a family member been instructed to self-quarantine?
- Are you experiencing symptoms or illness? If so, what symptoms?

Parents or staff who answer yes to these questions or have a temperature of 100.4 will not be able to remain at the YMCA.

Maintaining a Healthy Program

Group Cohorts & Social Distancing

The goal of group cohorting is to reduce the exposure of COVID-19 should there be a positive case in summer fun club. Group sizes will be no larger than 12-15 children and 1 staff member. Groups will be made up of children of the same age as much as feasible (no more than 2-3 age groups will be allowed to combine) At some locations, two groups may be cohorting together where space allows.

We will take the following steps to enforce social distancing as feasible:

- Space seating at least 3 feet apart while indoors and 6 ft while eating.
- When at tables with chairs, children should be spaced out for distancing.
- At picnic tables, children will be spaced out for distancing. Spaces will be marked where to sit on picnic tables.
- Use visual cues on floors to help children understand what 3ft distance looks like.
- Assigned seating for children when feasible. (by school/grade)

Shared Supplies

The CDC Guidelines suggested the following as it relates to shared supplies:

- Discourage the sharing of items that are difficult to clean, sanitize, or disinfect.
- Keep each child's belongings separated from others' and in individually labeled containers, cubbies, or areas.
- Ensure adequate supplies to minimize the sharing of high-touch materials to the extent possible (e.g., assign art supplies or other equipment to a single child), or limit the use of supplies and equipment to one group of children at a time and clean and disinfect between use.
- Avoid sharing electronic devices, toys, books, and other games or learning aids.

Steps the YMCA will take to avoid sharing objects:

- Children will be asked to bring their own school supplies to the program that will be cleaned at the end of the day by YMCA staff.
- Children will not share any personal items with any other children.
- Each room/area will have a YUCK table/bucket where items to be cleaned will be placed by children, to be cleaned by YMCA Staff. Once those items have been cleaned properly they will be returned to their appropriate storage location or placed in a clean bucket/table.

If equipment is being shared by children, the following steps will be taken:

- Prior to the activity, all children will wash their hands and the equipment will be cleaned and disinfected. (An example of activity may be throwing a frisbee or football where social distancing can be maintained).
- After the activity, the equipment will be cleaned and children will wash their hands again.
- Children should be reminded often to not touch their face with their hands.

Drop off & Pick-Up Procedures:**Check In/Drop Off Procedures**

- Drop off will take place carpool style or in a designated space outside.
- Drop off will be contactless.
- Daily health screening of children and staff to include a temperature check at arrival and mid-day. Children or staff with a temperature of 100.4 will not be allowed to stay in the program and must be fever free without medication for 24 hours before they can return.

Check Out/Pick Up Procedures

- Check out will occur outside either carpool style or at an outside designated area with a table.
- A staff member will be outside for check-out the last two hours of the program. (4pm-6pm)
- Conversations with parents will occur via the passenger side window.
- Parents will sign out on mobile devices that will be cleaned between use.

Steps to take for when a parent arrives via carpool

- Parents will pull into the designated carpool lane.
- Staff will greet parents through the passenger side window and verify ID.
- Parents will be asked to wear a face-covering when picking up for their and our staff members' protection.
- Parents will sign out on the mobile device that will be cleaned between use.
- Children will be walked to the car by a staff member.

Steps to take for when a parent arrives for check out table

- Parents will park and get in line standing on a 6 ft marker
- Parents will be required to wear a face-covering when picking up for their and our staff members' protection.
- Parents will sign out on the mobile device that will be cleaned between use.
- Parents will have a designated space to wait until their child arrives.

Activities at Summer Fun Club

Precautions that will be put in place to protect campers and staff include, but are not limited to:

- Reasonable social distancing – 3 ft. between participants (6 ft during meals)
- Promoting individual projects vs. group projects
- Not sharing equipment
- Cleaning equipment in between uses
- Using open, well-ventilated areas
- Outdoor programming activities
- Developmentally appropriate activities and established routine
- No large gatherings such as all camp assemblies.
- When eating meals, camp groups will be separated rather than having all campers eat meals together.

What we are asking you to do:

Parents, you are important partners in keeping our community's children and our staff healthy, we ask you to do the following:

- Keep your children home if **they or any member of the immediate household** are sick with fever, infectious illness or symptoms of COVID-19.
- Keep the program informed when your child is absent, and notify **the Program Director if your child has been tested/diagnosed with any contagious illnesses or COVID-19.**
- Keep your children home if they have been in contact with anyone being tested for COVID until a negative test is received.
- Keep the program informed if an immediate family member has been tested/diagnosed with COVID.
- Teach, remind, and model proper handwashing with your family.
- Teach, remind, and model coughing/sneezing into the elbow.
- Ensure your child is getting enough sleep and eating well.

In addition, families and staff traveling internationally and/or exposed to someone with the Coronavirus are being asked to inform your program Director and not return to the program for 14 days from the date of potential exposure or returning to the U.S.